



Ref No: VOPS 03/2016

Title of Project: Bis-Sens

Name of VO: Write Deal Association

Summary of Project: The innovative and original project is the creation of five short animation episodes. The highly-executed cartoons will be introducing a specially-created and designed character who will be meeting five different popular local personalities who will be animated (one personality per episode). These local personalities will include popular and loved singers, presenters and actors, amongst others (they will not include political personalities as our NGO's policy is never to give any publicity to neither politicians nor political parties). It is important to add that the cartoon personalities will be appearing as themselves. Each story with each of these personalities will then be tackling a number of priorities of the VOPS per episode. The cartoons will be distributed free-of-charge on the internet and on a specially-designed website. The website will also be including footage and interviews with these personalities who will be commenting about the topics tackled in their cartoon. The personalities will be asked to promote this project with their fans and followers all throughout the process. A very intensive marketing campaign will be carried out (magazines, newspapers, television, radio, news reports, Facebook, social media) by an experienced PRO, who will be doing this work on a voluntary basis. In addition, a considerable section of the project (including research, writing, editing work, interviewing, photography, audio recording, rentals of a variety of professional equipment and a professional studio will be in-kind/free-of-charge).

Ref No: VOPS 05/2016

Title of Project: Giving people a life-line

Name of VO: Paulo Freire Institute

Summary of Project: Paulo Freire Institute's (PFI) primary aim for this year starting in the beginning of January till the end of December is to formally and informally educate both children, young people and adults. Various classes that include basic Maltese, English and IT shall be delivered regularly. In addition PFI offers a professional social work service to approx. 160 individuals. This year the social work community service shall target 64 families in Zejtun. As part of this plan a Dramatherapist, 3 psychotherapists, a Hydrotherapist and 2 counsellors shall offer their services to children and adults who are facing challenging life situations, are experiencing trauma or need support during difficult periods in their life. A qualified teacher will co-ordinate the children's literacy classes. We will also promote the involvement of volunteers from the community to lend a helping hand in our projects.

Ref No: VOPS 07/2016

Title of Project: A Package of Outreach Services for Social Inclusion and Wellbeing

Name of VO: St Jeanne Antide Foundation

Partner Organisation: Men Against Violence and Autism Parents Association

Summary of the project: The project aims to reach and support vulnerable individuals and families through detached, domiciliary, and peripatetic forms of outreach leading to initiatives involving practitioners and volunteers. Outreach is a very effective tool for this purpose. The following initiatives will be undertaken throughout the project cycle:

- 150 vulnerable families will be identified through a range of outreach approaches and provided with different forms of support services;
- 25 autistic youths will be able to hang out at a new club for them at a premises provided to APA by the Foundation and 10 families of autistic children will access educational sessions;
- 20 parents of children grappling with literacy skills will be offered child literacy assessments and educational sessions on literacy strategies;
- 2,000 students from 30 schools, and 300 youths from 20 grassroots groups, will be reached through 80 and 20 workshops respectively; the workshops will be of a preventive and self-development nature on the theme of DATING AND DOMESTIC VIOLENCE.
- 60 persons wanting to be free from their anger, fear, disabling resentments or other emotional distress will take part in emotional freedom workshops and personal therapeutic sessions.
- 22 lonely, home-bound persons will be supported by Volunteer Befrienders (10 persons) and by a Volunteer community Nurse (12 persons).

Ref No: VOPS 12/2016

Title of Project: Sustainable Inclusion

Name of VO: The Eden and Razzett Foundation - Inspire

Summary of the project: This project essentially entails a wide-reaching marketing campaign leading up to a telethon which will be organized in November 2016. This telethon will be held with the aim of collecting funds for one of Inspire's key services, namely the Winter Programme, which is offered free of charge to around 200 children. The Winter Programme targets children with disability who attend mainstream schools and follow an adapted school/class. The programme works on the principle of cooperation between Inspire staff/volunteers and LSA's, where together we work hand-in-hand to support the children to achieve their individual needs. In order to ensure the success of any fundraising initiative, effort needs to be put into promotion leading up to the main event. This will maximize the effectiveness and success of the activity itself. This project is therefore intended to assist us in reaching this goal, namely through the implementation of the following activities:

- Finalisation of Media Plan – Month 1
- Media Bookings – Month 2
- Preparation of Media Content (design of ads; drafting of newsletters etc) – Month 3
- Implementation of Media Campaign – Month 4-5
- Reporting & Project Closure – Month 6-7

This awareness campaign will also go a long way in fulfilling our mission of educating the public about disability issues and inclusion.

Ref No: VOPS 15/2016

Title of Project: Training Migrants as Community Mentors, Trainer and Peacebuilders

Name of VO: Foundation for Shelter and Support to Migrants

Partner Organisation: Third Country National and Support Network Malta

Summary of the project: Basic adult education programmes in Malta are open to migrants. However evidence shows they are failing to reach out to the most vulnerable who find it difficult to attend such programmes or drop out in a short time. Vulnerable persons often need tailor- made, focused strategies, where learning barriers are identified and addressed effectively. The Foundation for Shelter and Support to Migrants, and the Third Country National Support Network (TSN Malta) find these learning barriers to include the trauma of war and conflict, poor education, poverty, illiteracy, discrimination and social exclusion.

In order to improve access to education for disadvantaged migrants, the project offers a series of trainings to develop peer migrants as community mentors, trainers and peacebuilders. As mentors and trainers they would be able to support vulnerable members of their community in improving their basic skills and confidence, in order to increase chances for successful integration in formal basic education programmes. As peacebuilders they would be able to organize peace and culture events that foster education, social inclusion and a wider cross-cultural cooperation. The project offers a series of trainings that include: Conflict and Peace , Social Assessment Tools ,



Volunteering , Mentoring and Tools for improving basic skills . Mentoring programmes will be initiated by migrant participants in their communities, and will be sustained after the end of the project. The courses developed will continue to be provided to migrants and their organisations, and recognition and accreditation will be sought from VET institutes such as the Department of Lifelong Learning, so that such courses can improve the access of migrants to formal learning. In addition the project will develop the educational resources required by migrants for their mentoring and training activities.

Ref No: VOPS 19/2016

Title of Project: Step Up

Name of VO: MOVE

Partner Organisation: Cross Culture International Foundation

Summary of the project: STEP UP aims to equip migrants, refugees and unemployed locals with the necessary knowledge and tools to foster a culture of innovation and entrepreneurship, and hence empower them to reach their full potential and be able to lead an independent living. This will be achieved mainly through professional training, coaching, mentoring and hands on training and experience by volunteering in the local community.

The project will span over a period of twelve months and it will train 20 participants, 10 of which are going to be trained in doorstep sport (physical education/sport for the community) and another 10 will be trained in the creative enterprise through Hip Hop music and song writing workshops. All the participants will be trained in project management, creative thinking, personal development, decision making, collaboration and net working, event management and other important personal skills to lead an independent living.

The above 20 qualified trainers will in turn train 50 other participants (At least 20% of which will be migrants and refugees) and other local participants through similar workshops, trainings and work in the community.

STEP UP uses arts, culture and sports to enhance expression of our cultural heritage through talents so as to enrich our communities as well as making a living out of it. By combining the efforts and expertise of both MOVE and CCIF in the above areas, the project will support communities by promoting a culture of volunteering as well support marginalised participants to get the required education and training that can set them off to further personal and career development and hence step up their lives.

Ref No: VOPS 23/2016

Title of Project: Access to Legal Assistance

Name of VO: Aditus

Partner Organisation: The Critical Institute

Summary of the project: The ATLS project aims to take stock of the availability of legal assistance for the protection of fundamental rights in Malta. The project will have a number of components, with mixed methodologies that draw on various areas of expertise, including;

1. Research:

- a. Mapping the availability of human rights legal assistance in the form of legal aid;
- b. Mapping Malta's obligations to provide legal assistance under various laws, including UN, EU and COE.

2. Capacity Building:

- a. Training stakeholders on the provision of legal assistance, the setting up of pro bono services for clients and working with vulnerable clients.

3. Development of Materials:

- a. The development of fact sheets on basic legal procedures available to access fundamental rights protection in Malta.

Aditus, together with the Critical Institute of Malta will coordinate and carry out the above activities. It is planned that the project activities will start on the 1st of May 2016, and come to their conclusion by the 30th of April 2017.

Ref No: VOPS 25/2016

Title of Project: Jien Naf

Name of VO: The Spiro Mizzi Foundation

Summary of the project: This pilot project aims to set up a centre for adult learning (CAL) in Senglea. The motivation for setting up of a free and vocational learning centre is that of giving locals a chance to acquire a basic education and specific employment skills. Participation will enhance their chance of improving their quality of life.

This project will consist of two main parts, the first part being compulsory and will focus on the core subjects, namely reading and writing practical Maltese and English at Level 1 and Level 2 (MQF). Adults will also be taught numeracy where they will be able to perform the basic mathematical operations such as addition, subtraction, multiplication and division. Further to these basic core skills, the participants will be exposed to a number of sessions namely: Positive Parenting skills; Budgeting; Health and Safety; Healthy Diets; Violence Prevention, Substance Abuse Prevention; Sexuality; Basic First Aid; Online Safety and Environmental Awareness. Another objective of this project is the increase of awareness of the cultural heritage of Senglea and Malta among the participants.



The second part of the course will focus on improving their employability. Four training courses will be delivered after being selected on the results of a consultative questionnaire circulated throughout the locality by state and church entities. Suggested areas for training might include Food Handling, Health Carers, Nail technicians; Hairdressing; Gardening and Home maintenance, mechanic helpers etc. This project is being planned in collaboration with the Senglea Primary School, Parish Church, Local Council, ETC and MCAST. Whenever possible, training will be delivered by volunteers. However, when these are not available, nominal fees will be paid to sessions' facilitators.

Ref No: VOPS 28/2016

Title of Project: DOMUS: a house for live music

Name of VO: Teatru Salesjan

Summary of the project: 108 years ago, the Salesians of Don Bosco, together with Alfons Maria Galea, established the 'Juventutis Domus', the house for the young. In keeping with the spirit of St. John Bosco, this home was created to house new and young ideas that would shape the country. Time passed and the people/name changed, but it's soul remains ever the same. 'A Salesian house without music is body without a soul'. This phrase by John Bosco underlines the importance of quality music in a young person's life and was the inspiration behind this project.

DOMUS: a house for live music. Reminiscent to the theatre's original name, this project provides local and international artists a space for live music. This project will enable the Teatru Salesjan or TS, to transform itself into a new, much needed venue for live quality music with a particular reference to the young. It will establish itself as a home for young upcoming musicians to showcase themselves and their skills. In doing so, we will also instil a strong sense of how volunteerism is an essential bridge to professionalism, and how the two intertwine. This project will comprise of a series of live music events (gigs), workshops and busking sessions that will attract different people to these initiatives. We will be using volunteering as a stepping stone for young people who wish to build a professional career out of music. In doing so we would be creating a sense of home for artists needing a space to develop their work, and not just showcase it. In the end we want to ensure that all activities within this project are set at the appropriate level to target people with various abilities within the community and not restrict to just established groups. This project will help shed new light on the importance of volunteering in a young person's life.

Ref No: VOPS 31/2016

Title of Project: Community First Response Unit

Name of VO: Malta Red Cross Society

Summary of the project:

Objectives:

1. A Rapid Response Vehicle, based in the northern areas, will be utilized to prioritize emergency medical services to the various localities within the vicinity, whilst covering popular beaches. For this purpose, the vehicle will be manned by a crew of 2 persons, including a driver and First Responder (Advanced First Aider).



2. MRC will remain an auxiliary service not to replace the national service, but to facilitate immediate treatment of serious conditioned casualties from serious injuries and other medical conditions. The casualty will therefore remain stabilised and supported by personnel until the ambulance arrives.

3. Peak hour response times from Mater Dei ambulances to the northern areas are typically 25 to 40 minutes. The chain of survival for patients include early advanced life support and post resuscitation (hospital) care. A person who stops breathing is at risk of suffering brain damage within the first 4 minutes, and cardiac arrest and death within 10 minutes. Therefore a response time of 5 to 10 minutes makes a huge difference to saving a person's life and limiting worsening of the casualty's condition.

4. The Rapid Response Vehicle will also be utilized to promote and encourage a culture of volunteering amongst the Maltese youth. The crew, whilst on a constant high level of preparedness, will also be trained in public relations skills and will be on hand to encourage informal discussions with patrons visiting the localities, via educational flyers being handed out. The flyers will educate the public on first aid, beach and general safety, as well as the benefits of volunteering with an organisation such as the Malta Red Cross.

Venues, Duration & Target Dates:

Whilst the vehicle and crew will be based at Malta Red Cross base of operations in Pembroke, the operational localities will include Mellieha, Ghadira, Manikata, St. Paul's Bay, Xemxija, Qawra and Bugibba, covering a period of four months between June and September 2016.

Ref No: VOPS 32/2016

Title of Project: Train to Serve

Name of VO: Zgħażaġh Azzjoni Kattolika

Partner Organisation: Youth Included

Summary of the project: This project is being done jointly between Żgħażaġh Azzjoni Kattolika (ŻAK) and Youth Included. It targets youth leaders and young people in youth groups and youth organisations, in particular, but not limited to, the network of youth groups which are affiliated with ŻAK. The main aim is to provide volunteer youth leaders with on-task training and support in their area of volunteering. This project will complement the effort done by ŻAK and other entities to offer formal training for youth leaders, through training courses.

The projected outcomes of this project include:

- 1) that the youth leaders will be better equipped to perform their voluntary work,
- 2) the youth leaders will be more able to conduct youth work which encourages other young people to engage in voluntary work;
- 3) the youth work approach adopted by youth leaders will be more inclusive (the leaders will be more able and inclined to include young people from different backgrounds and interests;
- 4) and, since the youth leaders become more competent in their area, they become



more motivated to stay engaged in voluntary work and to seek to improve the service given.

The project will include 4 main aspects:

- 1) the engagement of 6 youth workers to follow youth leaders working in youth groups in different localities, on a weekly basis, providing them with feedback, training and the necessary support for their personal growth as volunteers and to help them to adopt a youth work practices that encourage young people's inclusion in society and their active participation, especially through voluntary work;
- 2) service of an accountant who will develop a simple accounting system to be adopted by the volunteers responsible for youth groups, and train the responsible persons in sound and transparent financial management and book keeping;
- 3) A media campaign a) to inform the general public about the project; b) to encourage young people to join a youth group that can help them develop the necessary skills and give them the opportunity to experience voluntary work.
- 4) The development of a youth work curriculum which is aimed at providing youth leaders with a youth work model that encourage young people's inclusion in society and their active participation, especially through voluntary work

Target dates and target groups:

May 2016- preparation for implementation, recruitment of youth workers, procurement of the service of an accountant, procurement of marketing service, recruitment of a part-time project manager, recruitment of experts to work on the youth work curriculum.

Target Group:

100 volunteers working with around 1000 young people, in different localities.

- ✓ June 2016- April 2017 On-task training of the voluntary youth leaders by the Trainers.
- ✓ June- October 2016 – Development of the accounting system by the accountant
- ✓ November 2016- January 2017- Training by the accountant about sound and transparent accounting for youth groups.
- ✓ June 2016- April 2017- Media Campaign.
- ✓ June- December 2016- Development of Youth Work Curriculum
- ✓ January –April 2017- Training of volunteers re. Youth Work Curriculum implementation.

Ref No: VOPS 35/2016

Title of Project: Kellimni.com

Name of VO: Solidarity Overseas Malta (SOS Malta)

Partner Organisation: Salesian Pastoral Youth Service (SPYS)

Summary of the project: Kellimni.com is a joint effort between SOS Malta, Salesian Pastoral Youth Service, Agenzija Żgħażaġh and Agenzija Appoġġ, who saw the realization of setting up a local child and adolescent online support and information services, under the guidance of Child Helpline International.

The service being offered encompasses mainly e-mail, chat and forum online support targeting, youth and adolescents through the website www.kellimni.com and e-mail and smartmessaging online support through the Kellimni App which is accessible for free download on the AppStore and GooglePlay. Kellimni.com is aimed at young people who want someone to listen to them and who can provide assistance. It allows service users to express their concerns and talk about the issues directly affecting them. Young people need to know that they are not alone, that someone outside of their immediate surroundings cares about them, that their life can be free from pain and fear. The service is providing an opportunity to all young people to reach out for help and support through frequently and easily accessible channels of communication. Kellimni.com also offers educational material through articles and video clips that address themes which are relevant to young people. Both of these are available on the Kellimni.com website and video clips are also available on the Kellimni.com YouTube channel. These serve as initial information and support to young people as well as are a resource for PSD teachers and leaders within youth organisations.

Ref No: VOPS 36/2016

Title of Project: Explore your potential-Social development for children and youth

Name of VO: Third World Group (TWG)

Summary of the project: The project will cover the following:

Preparation and upgrading of facilities: Due to some water damage in our office at St. Ursula St, Valletta, we had to repaint and fix ceiling. We are now replacing shelving and lighting to provide a better environment for our volunteers to work in. We will also be upgrading our activities center to provide for a suitable restroom and kitchen (work to be done from April 2016-August 2016). We will also revamp our website to allow for better information dissemination and organization marketing.

Sessions: For our children group (ages 5-10)-Approx. 10 participants with 4 volunteers. Weekly sessions focusing on social skills through crafts, arts, drama, games, cooking sessions and outings. We will delve into various topics such as hygiene, healthy eating, effective communication, social issues such as fair trade, financial literacy. Through each session, the main aim will be to allow the children to use their creativity and imagination to develop their social competences. We also provide literacy skills sessions (one to one) with selected children (2-3 children). Preparation will begin in



July and sessions will start in the first week of October and running till March (exact day of the week to be determined based on availability of volunteers and children-sessions will not take place during school holidays). For our youth group (ages 11-18)-Approx. 15 youth. This year we will focus on providing the youth exposure to various fields and promoting a healthy lifestyle through cooking activities and physical/sports activities. We will also be conducting a short course on computer programming, to entice the youth to become more interested in this area.

Ref No: VOPS 37/2016

Title of Project: ARTrusitic360...REBRANDING VOLUNTEERING

Name of VO: SOĊJETA' FILARMONIKA SANTA MARIJA

Summary of the project: INTRODUCING OUR ORGANISATION

As an organisation fully relying on volunteers, we are the proposing a fully fletched programme targeting Rebranding, Educating and Celebrating Volunteering. Volunteers are the lifeblood of our organization. Generous with their time and talents they, volunteers bring light and life to our organisation's endeavours. For us, these 'human resources' are the most important and valuable assets. Volunteers are considered ARTISTS giving their time to the society. For this reasons, we opted to title our project ArTruisitc360.

As a Band Club, although being a music oriented organisation; we still strive to make our organisation a hub for a wider spectrum of volunteers, pioneering educational, social and cultural activities in our community. In fact, besides being a school of music, as the only NGO within the community where we established [Zebbug Gozo]; our aims are more than 'just' tutoring and performing music.

Actually, we are involved in ventures that feature education, social, cultural, traditions, communication, media and drama, all managed voluntarily and enclosed through the following teams:

- Executive Committee – Main Administration
- Sub Committees: Youth & Teens, Ladies, Band Commission
- Music Students and Bandsman
- Drama Team – Stages Events
- Youth Band
- Fund Raising Events Team
- Cultural and Traditional Activates Team
- Social Activities Team
- Choir and Singers
- Helping Hands Team
- Club Management Team



SUMMARY OF PROJECT

Relying 100% on volunteers, with no staff paid for any duties rendered [except our Music Director], it can be easily concluded that with no volunteers, we would be a lifeless and in-existent organisation. Moreover, we are a non-profit organisation with funds are ONLY generated either through donations, sponsors or voluntary organised events. We do not have any business links that generates a stream of financial income. Therefore, thanks to this scheme issued by the Malta Council for Voluntary Sector; we are proposing a fully fletched program directly targeting our volunteers from different perspectives. We want to rebrand volunteering, making it more professional and attractive. Hereunder are our targets we will be focusing on, staggered into three phases; i.e. Back Stage, The Stage and On Stage; each with a series of initiatives.

Hereunder are the details:

PART A: BACKSTAGE: ENGAGE – ENRICH – ENCLOSE volunteers [June – August 2016]

A threefold plan with direct targets, that to engage new volunteers, to enrich the skills and knowledge of the actual volunteers and importantly to keep these volunteers in the sector. Details of how and why this will take place are as follows...

- ACTION 1: Scouting and Engaging new Volunteers through...
 - a) Engagement Program – Open Invitation
 - b) Launching the TeenCLUB

- ACTION 2: Getting Professional: Educational Program for Volunteers covering the following ‘Syllabus’
 - a) Workshop on events protocols, script writing & program presentation
 - b) Workshop on Health & Safety during events, Accessibility during events and a First Aid Course
 - c) Workshop targeting the Ethics in Volunteering and the Legal aspects in an NGO...what are we responsible for?
 - d) Workshop on Stage Design, Photography and Communication [Customer Care] during events

- ACTION 3: E-Volunteering: an Outreach Service...in Bridging Volunteers!
 - a) Procurement and Setting of a Conferencing facility for online music lessons, meetings and streaming of volunteering events.

PART B: THE STAGE – GIVING volunteers THE TOOLS [July – August 2016]

It is the time to make our ‘house’ a home of volunteers by starting resourcing the Club with the necessary tools to facilitate the performance of art and volunteering. Educational resources are already available and therefore the indispensable next tool to have is a stage onto which our volunteers can perform. Hereunder are our recommended actions to make our dream...comes true:

- ACTION 4: BUILDING the Opportunity
 - a) Design and setting of a multipurpose theatre/performance oriented Stage [including youth oriented aesthetics and accessibility for disabled artists as per KNPD guidelines]
- PART C: ON STAGE – TASTING VOLUNTEERING [August – December 2016]



A company sells its products and services. As an organisation, we will be selling the volunteers' efforts, their skills, their knowledge...they impressions. The aim here is to present the efforts of the volunteers PLUS giving to the society a taste of the product from volunteering through the following initiatives:

- ACTION 5: Ripping the fruit of volunteering – Education in Motion...ARTruisim:
 - a) Setting up a Permanent Exhibition in our Main Hall, focusing on the different perspective of volunteering. Exhibition includes Photographic Stands, Artistic products related to volunteering and an audiovisual feature, highlighting the evolvement of volunteering across the years in our community
 - b) Organisation of a variety talent concert /final event covering the Launching of our Youth Band, A Variety of Stage Performances and launching of the Volunteer of the Year Award

This was a summary of what is our intended programme should we are granted the necessary funds. Further important details, including a holistic marketing plan will be given further on in this application. Our ultimate aim in to rebrand our organization by changing attitudes and making volunteering professional and attractive.

Artruistic360 is a very intense and challenging program that we are committed to enter in through this Scheme. As an organisation we are determined to give volunteering a different perspective, mainly getting more professional, changing standard attitudes, working in safer environments, giving out more opportunities, recognising, celebrating volunteering and also REBRANDING our organisation to make it more attractive and sustainable. This is a 360 venture we are ready to pop in, as 'Dreams are not those which comes while we are sleeping, but dreams are those when u don't sleep before fulfilling them!

offering spin and fitness classes. Inauguration month 5, ongoing classes, 4-5 per week,

Ref No: VOPS 40/2016

Title of Project: Wellbeing Across Generations (W.A.G.)

Name of VO: Centru Tbebxix Acronym: CT

Summary of the project: Wellbeing Across Generations (W.A.G.) is a community project based at Centru Tbebxix in Cospicua targeting an estimate of 30 children and 30 elderly from Cottonera. The overall objective of the project is to: use intergenerational interaction during Sports, Education, Arts, Cultural and Social activities with and amongst children and elderly to improve emotional, social, mental, physical and spiritual wellbeing by encouraging volunteering and social support. The project's priority is to use the aforementioned activities to create conditions of self-empowerment for children and elderly to improve their quality of life. This 10 month project commences in May 2016 and ends in February 2017. It will take place in 3 phases: 1) Research for community assessment 2) Activities during summer and those in preparation for the final Christmas performance and exhibition; and 3) Evaluation, feedback and final reporting. The education and social methods applied during the activities and outings are based upon the principles, concepts and philosophical frameworks of Neo-humanistic education principles and Transcultural Counselling*. The project consists of weekly sports and education activities of yoga, swimming, arts, drama arts and crafts; and weekly cultural and social outings. The activities are held at



the centre's premises and Inspire; whilst the outings are held at different cultural and social sites in Malta and Gozo.

*N.B: Neo-humanistic education: stands for expansive love and respect for all created beings irrespective of age, race, culture, religion, gender and species, prioritizing holistic development as the foundation for education. Transcultural Counselling: emphasizes individuals' self-empowerment through a process of reflection, action and transformation to improve overall quality of life; particularly those who have been socially excluded and discriminated against.

Ref No: VOPS 42/2016

Title of Project: Malta LGBTIQ Rights Movement (MGRM)

Name of VO: LGBTIQ Community Hub

Summary of the project: The project is intended to create a safe space where members of the LGBTIQ community can come together for peer support and assistance, information, advice, friendship and socialising, community building, volunteering as well as advocacy and empowerment initiatives. This requires not only the availability of a meeting space but also the provision of services and peer support group as well as outreach to those who cannot access the hub as well as the investment of time and energy into community building through the establishment of support networks and the organisation of social events aimed at bringing members of the community together. The project also allows for efforts to be made to recruit and train volunteers who can get involved in various initiatives to be run through the LGBTIQ Community Hub. Through this project, MGRM will continue to provide support services to the LGBTIQ community through the Rainbow Support Service which will also be expanded to reach out to new target groups such as Gozitan youth, trans prison inmates, older LGBTIQ persons and those living with HIV. This service is committed to enhance the quality of life of lesbian, gay, bisexual, transgender, intersex, queer and questioning individuals, their families and friends through the provision of information, consultation, training delivery and psycho-social support services through a gender and sexual diversity affirmative approach.

The project started in January 2016 and continues to build on the work conducted by the Rainbow Support Service since its inception in August of 2013 and funding is being sought for a 12 month period.

Ref No: VOPS 43/2016

Title of Project: Promoting the social inclusion of youths with autism: Neurotypicals joining the spectrum

Name of VO: The Malta Autism Centre (MAC)

Summary of the project: This project aims to address the social inclusion of youths on the autism spectrum. People with autism invariably experience difficulties in communication and social interactions which make it harder for them to interact with their peers, and increase the likelihood of their social exclusion. This project intends to set up a base at The Malta Autism Centre (in Mosta) where youngsters with autism can practice social skills and meanwhile, it will serve as a training platform to initiate and maintain friendships. More specifically, this project's goal is twofold: firstly, to enhance



the social understanding and skills of youths with autism, and secondly, to train neurotypicals (NTs) about autism and thus, increase autism awareness and understanding. This project entails setting up a youth-oriented environment which is attractive, and in turn, create an atmosphere where interactions are facilitated. Psychological intervention will include the training of youths with autism and NTs, and guidance to ensure fruitful group dynamics. These two elements are intertwined. With regards to the first element, this project will purchase a number of games (e.g. pool table and table soccer) which will serve both as motivators for youths to attend, as well as a good medium to interact with each other. Apart from the games, this element also includes the curtains, sofa, carpets and other decorations that enhance the physical atmosphere. On the other hand, the second part consists of investing in the human element taking part in such project by providing training and continuous support to NT youths who will be willing to take part in this project. Moreover, the professionals' input will also include indirect intervention to facilitate interactions and to ensure that the atmosphere is smooth. It is estimated that the duration of this project is of twelve months. This project aims to target 30 participants (15 youths with autism and 15 neurotypicals). A research study will be carried out to analyse the effectiveness of this project on the social life of participants with autism and the perceptions of NTs about individuals with autism.

Ref No: VOPS 46/2016

Title of Project: NATIONAL GAMES 2016 – YAP DEMO -MATP DEMO – GYMNASTICS DEMO

Name of VO: SPECIAL OLYMPICS MALTA

Summary of the project: The National Games are going to be a large platform opportunities and an awareness propaganda on abilities. These Games will give our organisation an investment for future athletes that will join plus increase the quality of services given to Young Athletes. During these games a total number of around 500 athletes will be participating in competitions, 400 families will be contributing their support and more than 600 volunteers will be taking part during these games. Other NGOs, University, MCast students, Resource Centre and other entities will be all working in synergy during these games. This will also be the first time that Gozo will be involved and participation from Gozo will also be included.

Three Special Olympics European countries will be invited to attend and participate in the competitions with our athletes. Around 75 foreign athletes and coaches will be attending.

Before these days of activities and in preparation for these games will be held for LSA working in Resource Centre for students with severe disability and NGO. At large Young Athletes demonstration will also be that will involve all Young Athletes and family members.

The Opening Ceremony will be held at St. Elmo where the Law Enforcement Torch Run will be held by the Malta Police Force.

Ref No: VOPS 51/2016

Title of Project: Spreading Tunes

Name of VO: Għaqda Mużikali Beland A.D. 1861

Summary of the project: Spreading Tunes, is a musical journey where the team of volunteers behind Beland Band will work together with other organisations and institutions with the aim of spreading their musical passion with members of the public. The project capitalises on the talents of volunteers in our band club with the aim of cultivating Malta's rich musical heritage and promoting it with people from all generations.

The project will be spread around a number of initiatives as listed here and described below:

- Seminar entitled Repertoire Management for music groups.
- Workshop, where participants will work on the selection process of the repertoire for a concert.
- Exhibition about Mro Carlo diacono and his works.
- School outings to visit exhibition and musical workshop where students will be given a hands on lecture about musical instruments used by the band.
- Organisation of musical workshop for residents of Jesus of Nazareth Foundation for people with disabilities.
- Concert at the Zejtun Parish Church, showcasing music by Mro Ray Sciberras and Mro Carlo Diacono.
- Concert at the Zejtun Home for the Elderly by members of the Beland Band

The project will start with the organisation of a Seminar about the process of selecting the performance repertoire for concerts organised by band clubs, which leads to a workshop where participants will work on the selection of part of the performance repertoire to be performed in a concert to be held later as part of the same project.

The seminar will divulge into the technical details about how one selects music that fits with the instrumentation of a particular band, evaluating the technical and musical demands of the selected pieces as compared with the skills of the ensemble to perform them and also the considerations that one has to make when the band is to be accompanied by singers or a choir.

The seminar will be followed by a workshop, where participants will be presented with a selection of musical pieces and after evaluating each piece based on the criteria discussed in the seminar, the participants will work together to select the best 2 of them with the intention of adding them to the repertoire of a concert to be organised by Beland Band in November.

The concert will be held inside the Parish Church in Zejtun and it will include the first performance by a band of a new composition by Mro Ray Sciberras entitled Missa Gloria Tibi, Domine, which is a vocal and instrumental mass and is being credited as one of his finest masterpieces. The concert will also serve to revive one of the historical music pieces from the archives of Beland Band Club, with the restoration, arrangement and performance of a piece by the legendary Mro Carlo Diacono, former director of Beland Band and famous Maltese Composer.



To accompany the concert we will be organizing an exhibition showcasing various original music scores written by Mro Carlo Diacono which can be found in our archives. The vast majority of his works were intended primarily to be performed in a liturgical context.

An invitation will be made to the schools in the area around Zejtun to organise a school outing to our club where the students will be invited to visit the exhibition where our volunteers will explain the historical significance of Mro Carlo Diacono and the artifacts in the exhibition. This will be coupled with the organisation of a music workshop during which the students will be given the opportunity to try out the various instruments that make up a wind band – with the help of our 4 resident music teachers.

The same invitation will also be made to residents of the Jesus of Nazareth Foundation For People With Disabilities so that a similar session can be held where they can visit the exhibition and also have a hands on experience with the musical instruments at our band club.

Spreading Tunes will also reach members of the elder generation with the organisation of a small concert at the Zejtun Home for the Elderly, where members of our band will be making a performance to entertain the residents of the said home.

Ref No: VOPS 54/2016

Title of Project: Home fire safety awareness campaign

Name of VO: St John Rescue Corps (StJRC)

Summary of the project: The project with which St John Rescue Corps (StJRC) is applying for through the VOP scheme consists of providing informative sessions on Home Fire Safety to the general public. These one-hour sessions will be held in various localities around Malta, with Corps' members reaching out to people in various communities all over Malta. Communities will be targeted via their local council and/or parishes and/or band clubs with a special outreach being made for youth groups, other voluntary organisations and groups of marginalized minorities such as elderly people in retirement homes or day care centres, migrants and people with special needs.

The duration of the project is planned to be of 12 months, with 5-6 months of preparation and the rest of the months delivering these informative sessions. It is planned that more than 50 of such informative sessions will take place all over Malta. The dates for these sessions are not yet set as these will have to be decided by the respective groups / community. The number of participants for each session is expected to be more than 10.

The subjects that will be covered during an informative session range from how to prevent home fires, the dangers associated with such fires and what to do in case of a fire emergency. A session, which will be delivered by volunteer StJRC members who are trained in fire-fighting (from a pool of 8 main instructors and more than 10 assistant instructors), may also involve practical demonstrations with the possibility of members of the public taking part in such demonstrations.

Ref No: VOPS 69/2016

Title of Project: #Volley4All – Love at first spike

Name of VO: Birkirkara Volleyball Club (BKVC)

Summary of the project: The #Volley4All – Love at first spike project is a socially inclusive project focusing on healthy lifestyles where its audience will be informed with the training sessions and events, and participants in this project will be involved in a programme full of educational and volleyball activities. The area that will be covered is Birkirkara.

Tagged as #Volley4All – Love at first spike training is a fundamental part to learn and improve both the sport of volleyball and discipline. The volleyball training programme will cater for children of 7 years and over, and will be carried out from July 2016 to April 2017. It will be guided by 3 volleyball international coaches for different levels so that every ability will have the opportunity to participate.

Educational focus groups lead by local experts will be organised in relation to life skills through sports, some issues that will be discussed are the proper sports attire, training hints and nutrition related to the game of volleyball. Another focus group which will target the physical education teachers, trainers, coaches and university students with in the Institute for Physical Education and Sport and will be on the importance of Teaching Personal Skills and Responsibilities (TPSR) and Teaching Games For Understanding (TGfU) and how these can be taught through the game of volleyball.

As per previous projects organised by BKVC and which wishes to be fortified, #Volley4All – Love at first spike engages also educational and informative activities. These involve word search competitions of 'vintage' and forgotten Maltese words and phrases. Instead of medals, trophies or certificates, to those who got the word search right, books written by Maltese authors will be given as prizes. To compliment this activity, Traditional Maltese games will be presented to all those visiting our stand and the game of volleyball will be present in an innovative way.

As part of our commitment to make the game of volleyball accessible to everyone and to stay true to our beliefs which bear this project's name #Volley4All – Love at first spike, BKVC will be continuing its work on the awareness of the adapted volleyball game; sitting volleyball, a form of volleyball for people with upper or lower limb amputation. Our event will be part of the European Week of Sports campaign #BeActive. The main aim of this event is to encourage people of any age and with a variety of a physical ability to try out this new inclusive sport for the local community. For this activity an invitation will be sent to the Amputees4Amputees organisation to participate in this activity.

Through this project we will be able to invest equipment, marketing and the expenses required to organise the above activities and to invest in qualified people that will be an asset in training other people in a long term plan.

Ref No: VOPS 70/2016

Title of Project: Outdoor experiential learning 4 kids

Name of VO: Why Not?

Summary of the project: This project is about giving schoolchildren an opportunity for active learning by participating in motivating outdoor education workshops that bring relevance and depth to the curriculum. While visiting the Creativity Vortex grounds at Mgarr, schoolchildren accompanied by their teachers will take part in various hands-on activities that are enjoyable and fun, but which also allow them to contextualise their learning by practicing skills such as teamwork and problem-solving. Their visit will provide meaningful experiences that encourage the development of a deeper relationship with nature and inspire them to express themselves in creative ways.

Why Not? will reach out to schools by sending them an informative introductory email which will invite them to participate and detail the content of the workshop activities. The activities can be divided between four main themes:

- 1) environment and sustainability, with activities that include growing organic vegetables and gardening, clever ways to use and preserve water, composting and recycling
- 2) health and nutrition, with activities that include juicing and making smoothies, as well as the beneficial properties of herbs, plants and certain foods
- 3) holistic and well-being, with activities that include yoga and stretching, group activities that teach the importance of and joy through sharing, as well as meditation exercises designed to help children to focus their concentration and improve their attention span
- 4) creativity and self-expression, with activities that include clay-making and music

Workshop hosts will have a background/experience in the subject matter they will be teaching. Funding for this project will ensure that children from all kinds of backgrounds will participate. Why Not? will host regular half-day workshops for groups of 50-60 children which will be divided in 3 smaller groups to ensure adequate supervision. It is envisioned that two workshops per week are hosted, which will mean that over a year, 4,000-4,500 children will participate in the project. We also want to bring the groups of schoolchildren from different schools together and will create an online space which will showcase photos, drawings and writings.

Research consistently shows that outdoor learning experiences are a major contribution for a more positive self-perception and for improvements in social skills and we want this to become a significant part of our children's education. We hope to raise awareness on how outdoor learning registers steady improvements in performance. Studies show that outdoor learning brings both short-term as well as long-term benefits, and through this project we want to give the children an experience which will help them develop their knowledge and skills in ways that add value to their everyday experiences in the classroom and also in their current and future lifestyle choices.

Ref No: VOPS 72/2016

Title of Project: Enhancing Computer Literacy Amongst Ex-Prisoners

Name of VO: RISE Foundation

Summary of the project: The purpose of the proposed project is to provide a fully functional resource centre which may operate inside 'Dar Sister Maria Adele Baldacchino' at RISE Foundation for residents to utilize and further develop according to the rehabilitation programme exigences. The pilot-project will provide the basis to tackle digital literacy deficiencies through the use of 'Information and Communication Technology' (ICT) education. A recent study (2013) for the European Commission entitled; 'Prison Education and Training in Europe' illustrates that Europe's prison population is around 640,000 and it's estimated that only 3-5% are at level that would allow them to progress into higher education. Low education levels as regards to computer literacy affect prisoners' employment prospects and impact reinsertion into society and the likelihood of re-offending. The eventual aim of this project is to have a system where educators and professionals may deliver computer related content during a yearly rehabilitation programme in a suitable environment equipped with the necessary items so that each service user may progress towards successful achievements and outcomes in employment.

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